

NEWSLETTER

SmileHaven Dental and Wellness Spa

ISSUE NO. 1 | MARCH 2019 | NEWS



Our Services

We are very excited to announce the launching of a new addition to our dental practice. We are now a Dental Spa! We offer BEMER Circulation Therapy, massage, infrared sauna and chromo therapy, supplementation, detox sessions and so much more. How many dental offices offer these services after getting some fillings taken care of? Being that we are a whole-body health dental practice, offering these services to our patients will enhance

the connection between the mouth and the body. Your mouth is connected to the rest of the body; therefore the procedures, materials, and problems in your mouth quite naturally have an effect on your whole body health. After removing the toxic materials from your mouth, the spa will optimize the detoxification of the body which will complement the detox program of mouth, promoting optimal health and wellness.

VITAMINS

Get \$5.00 off of Vitamin K2-D3 when you present or mention this coupon.



IFR SAUNA

We offer Full Spectrum Infrared Sauna combined with Himalayan Pink Salt and Chromo Light Therapy. These 3 therapies penetrate the skin deep into the body & work synergistically to nourish the body with a multitude of health benefits.

MASSAGE & BEMER SESSIONS

These therapies relieve tension, reduce stress, relieve anxiety, improves sleep, and promotes relaxation throughout the entire body as well as benefits like increased circulation and enhanced detoxification.



Chlorella is a well-known source of chlorophyll, it yields protein, magnesium, iron, zinc, Vitamins A and B and important amino acids. It binds to unwanted toxins and chemicals (lead, mercury, glyphosate, plastics, and phthalates) and helps them safely out of the body. Other benefits of chlorella include; blood sugar regulation, detoxing the liver, lowering blood pressure & cholesterol levels, weight management, hormone function, and overall immune support. Cancer patients who are undergoing chemotherapy utilize this supplement to help detox the body from radiation toxicity.

Chlorella is recommended to detox with after the removal of metals from your teeth. Tell your friends SmileHaven Dental Spa offers a **FREE DENTAL/DETOX CONSULTIONS** to create a healthy non-toxic mouth and body.



SUPPLEMENTS:

Vitamin K2 is essential for proper utilization of calcium, magnesium and vitamin D. We carry a **K2 & Vit D** capsule which is cheaper than buying them separate. We have **Omega 3 & CoQ10** in a combination capsule too. These potent antioxidants support cardiovascular health and repair the DNA in every cell. **Nano Zeolyte, AZN** is a great tasting spray of nano zeolite clay absorbed through the blood vessels in the mouth and remove toxins and heavy metals from your body. **OPTICLEANSE GHI** is a great tasting detox shake that supports gut health and reduces inflammation. All these products are clinically proven effective.



Full Spectrum INFRARED Sauna, Chromo Therapy & Himalayan Salt Therapy

Far infrared saunas help pull toxins from the body and lower blood pressure. A traditional sauna uses heat like the stove in your kitchen to warm the body from the outside in at around 185 degrees Fahrenheit. Many people find traditional saunas to be too hot and drying, making them intolerable to sit in for longer than just a few minutes. Our infrared sauna, on the other hand, provides health benefits at much lower temps ranging between 120 and 140 degrees Fahrenheit. Its **Radiating** heat is evenly distributed throughout the body, heating from the inside out, gently warming the body. Because of this, infrared heat is more effective, drawing out toxins from deep inside the body where they're hiding. Our Infrared sauna is also lined with **Pink Himalayan Salt**. As the Salt heats up fine particles of salt are released along with Negative Ions so beneficial for the body. Breathing in Himalayan Salt air helps stimulate the respiratory system's natural ability to reduce inflammation, clear blockages, fight infections and reduce discomfort; making it extremely beneficial for those suffering from asthma, allergies, bronchitis, colds, flus, etc.

As an added benefit our IFR Sauna has **Chromo Light Therapy**

See on Next Page the Benefits of each color in the Chromo Light Therapy.

Red 625-700 nm	Anti-Aging: Combats wrinkles and increases collagen production for smoother, younger-looking skin.
Purple 400-420 nm	Cell Rejuvenation: Increases cell regeneration and renewal.
Blue 440-500 nm	Anti-Acne & Teeth Whitening: Eliminates acne-causing bacteria, reduce acnes, and whitens teeth.
Cyan 500-520 nm	Skin Soother: Calms and soothes irritated skin. Supports in reducing the size of swollen capillaries.
Green 520-565 nm	Skin Balancer: Helps even skin complexion for naturally beautiful skin.
Yellow 565-590 nm	Redness Reducer: Alleviates redness from inflammation, sunburn and rosacea.
Orange 590-625 nm	Revitalizer: Promotes a brighter glow for more radiant skin. Adds vitality to dull, lifeless complexions.
Infrared 750-1000 nm	Results Booster™: Penetrates deeper into the skin for amplified results.



Massage Therapy

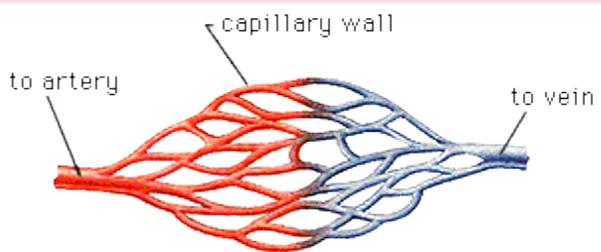
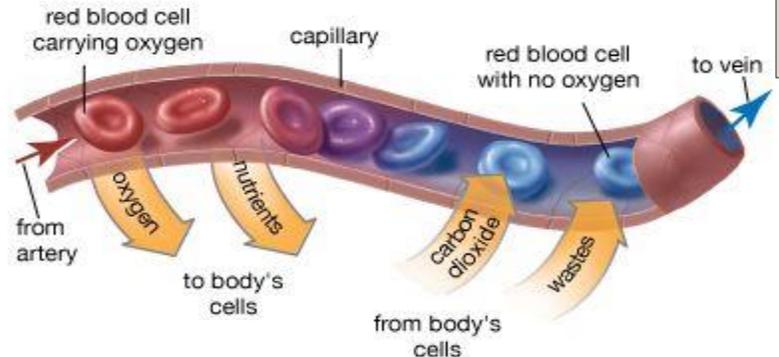
When the body is tense and under stress, it produces unhealthy levels of the well-known stress hormone, cortisol, which can contribute to weight gain, sleeplessness, digestive problems, and headaches. Massage therapy has been shown to very effective for detoxing the body



Only 8 minutes twice a day BEMER Therapy Provides:

- Enhanced general blood flow
- Enhanced nutrient supply and **waste disposal**
- Enhanced cardiac function
- Enhanced physical fitness, endurance, strength, and energy level
- Enhanced feeling of wellbeing
- Enhanced quality of life
- BEMER also has sleep program which enhances the organ detox process at night
- Safe for infants, animals, and those with pacemakers and metal implants

BEMER enhances **Capillary Vasomotion** with a patented Bio Signal increasing Circulation



S3
PHARMANEX BIOPHOTONIC SCANNER



Are **YOU** getting enough **fruits** and **vegetables**? We are doing scans to find out!

This scan is a measure of **health**. Carotenoids found primarily in fruits and vegetables and have been the focus of intense research to determine their importance in human health. The research concludes that skin carotenoid levels measured with the Pharmanex BioPhotonic Scanner correlate with, and are a good indication of, the body's overall antioxidant defense system.

How do I know my supplements are working? The answer is the Pharmanex BioPhotonic Scanner. Pharmanex is the only nutritional supplement company that can provide you with a noninvasive, fast and convenient way to determine your antioxidant status—and whether your supplements are actually protecting you.



~Providers we work with and highly recommend~



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Transform your health & vitality!

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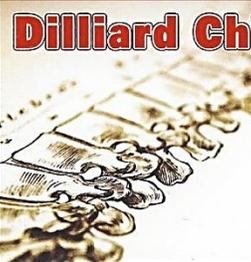
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Neck Pain, Back Pain, Headaches, TMJ, Foot Pain, Sciatica, Reflux, Carpal Tunnel, Children's Injuries



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